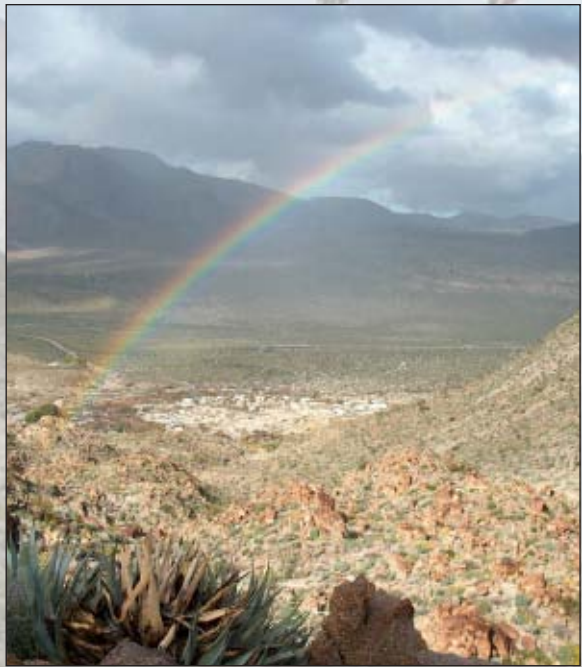
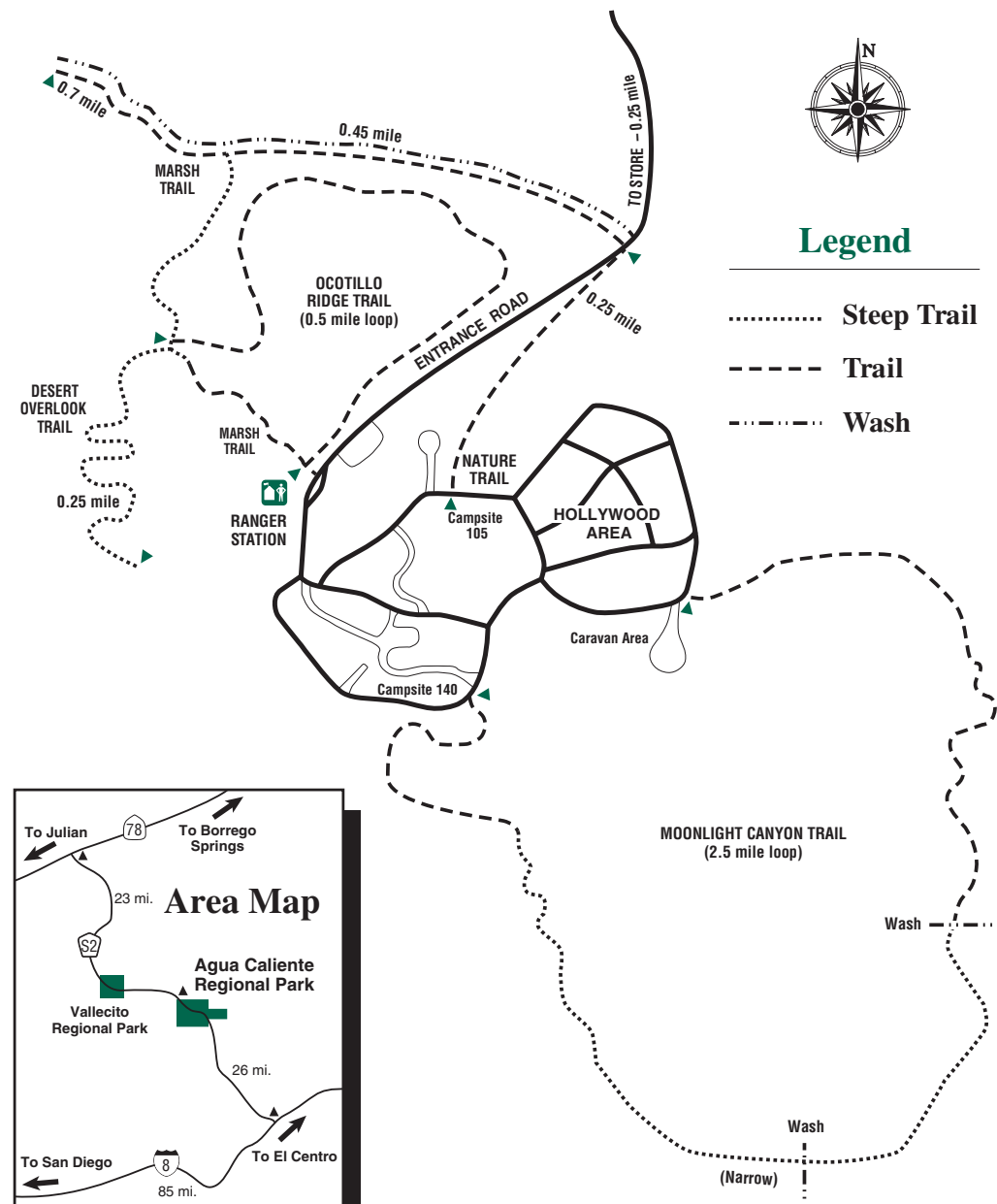


# Agua Caliente Regional Park



## RULES & REGULATIONS

- CAMPFIRES:** Must be confined to existing stoves or fire rings. See ranger for current campfire rules. No fires after 11:00 P.M.
- PETS:** Pets are permitted if they are properly restrained and under the control of the owner. Dogs must be licensed, restrained on a leash not longer than six feet, and attended at all times. Dogs are not allowed on trails.
- WASTE WATER:** Please dispose of all waste water in an approved dump station, never on the ground.
- VEGETATION & NATURAL FEATURES:** All plants, animals, natural features, and archaeological resources are fully protected and may not be damaged, injured, or removed. Please check with your ranger for firewood — he or she generally has a supply to sell for campfires. Please do not gather it from within the park.
- TREES:** Do not tie or hang ropes, wire, or tents to trees. Do not drive nails, screws, or staples into trees.
- GENERATORS:** Use of generators is prohibited.
- NOISE:** To insure each park guest's pleasure and peace, quiet hours are from 10:00 P.M. to 8:00 A.M. Of course, excessive noise and loud music is discouraged at all times.
- FIREARMS & WEAPONS:** Firearms, fireworks, and weapons are not permitted in County Parks.
- YOUTH:** All persons under 18 years of age must be accompanied by a legally responsible adult with medical authorization for each child while camping in the park.
- ALCOHOLIC BEVERAGES:** Alcoholic beverages are permitted providing the alcohol content does not exceed 20%.

**NOTE:** Camping in the park is contingent upon guests maintaining their immediate camping area in a safe and clean condition and complying with all park rules. Failure to comply will result in a suspension of camping privileges and loss of prepaid fees.

## INFORMATION



COUNTY OF SAN DIEGO  
**Department of Parks and Recreation**  
5500 Overland Avenue, Suite 410  
San Diego, CA 92123  
Reservations & Information:  
Toll Free • (877) 565-3600  
Local • (858) 565-3600

Visit us at [www.sdparks.org](http://www.sdparks.org)

# AGUA CALIENTE REGIONAL PARK

A San Diego County  
Camping Park





Welcome to  
**Agua Caliente  
Regional Park**

Located in the Anza-Borrego Desert, about 100 miles east of San Diego lies Agua Caliente Regional Park, one of the County’s most popular destinations. Best known for its geothermal heated springs, it attracts visitors eager to soak in the soothing mineral pools. The seismic activity that long ago shaped the Tierra Blanca Mountains (and created the spur of the Elsinore fault that runs beneath the park) also enabled water to come to the surface and form the park’s natural springs. But Agua Caliente offers far more than therapeutic pools. The spectacular vista views await campers and picnickers alike, and hikers will enjoy miles of trails that meander through the park’s canyons and hillsides.

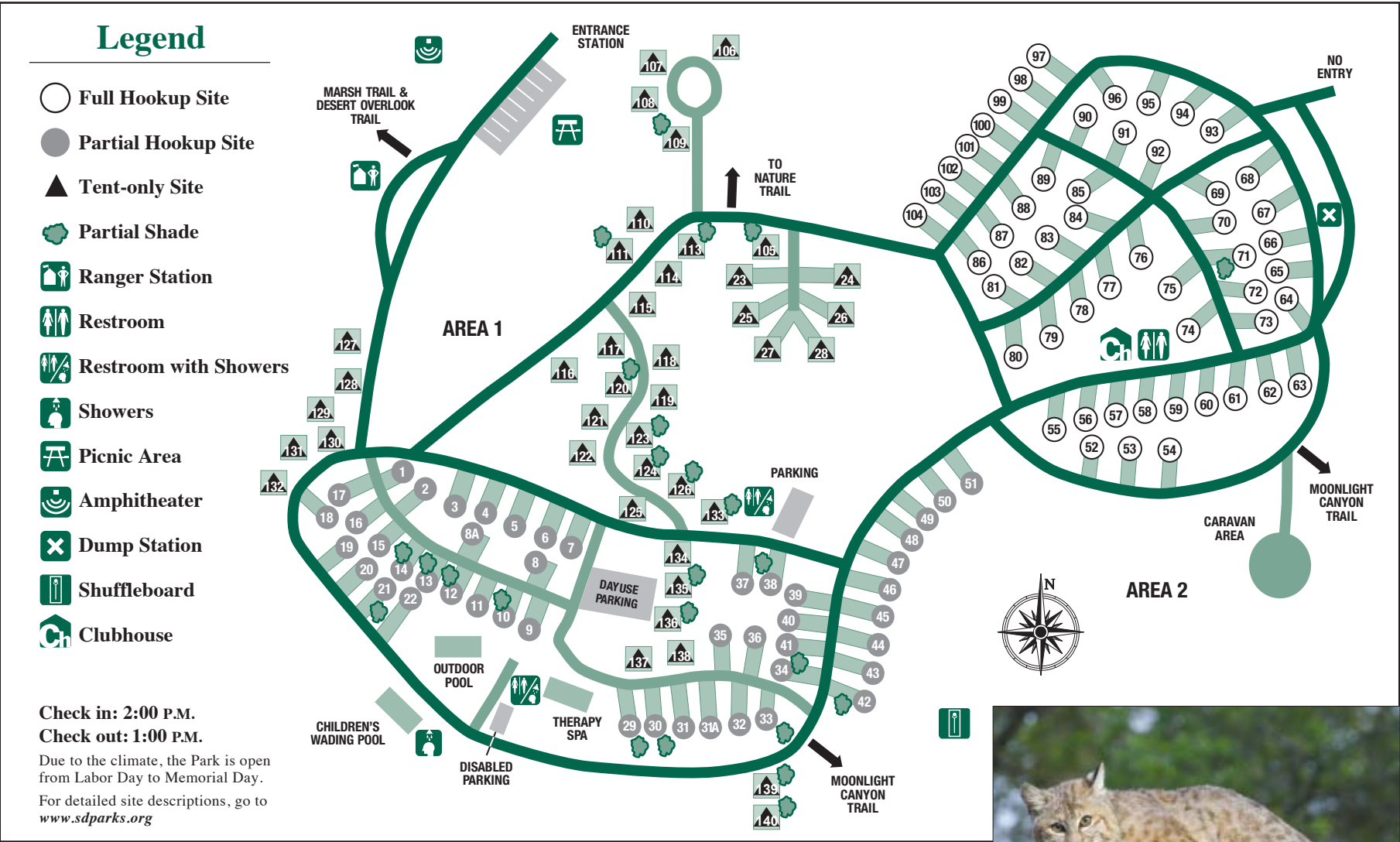
**History in the Desert**

In 1775, Spanish explorer Juan Bautista de Anza was the first European to visit the area, and centuries before, the Kumeyaay Indians were attracted to the springs for its abundant water source, which is why it is now called Agua Caliente or “hot water” in Spanish. In more recent times, the springs were used by pioneers, soldiers, and prospectors.



**Facilities and Surroundings**

Three naturally fed pools provide different ways of enjoying the park’s mineral water. Two large outdoor spring-fed pools are a natural 90°, and an indoor spa is heated to 102° which is outfitted with soothing Jacuzzi jets. Many of the 140 campsites have full or partial hookups, and spring-fed warm showers are available. A caravan area can accommodate large groups, and a small picnic area is perfect for day users. Nearby Vallecito Regional Park offers a smaller camping alternative to Agua Caliente, and surrounding both County parks is Anza- Borrego Desert State Park. The largest state park in the country provides additional adventures for visitors who come to explore San Diego’s marvel-filled desert.



**Hiking and Wildlife**

Agua Caliente spans 910 acres offering visitors an abundance of recreational options such as hiking and biking. Depending on the season’s rainfall, wildflowers and succulents put on a colorful show during the spring, which offers a beautiful view from the park trails. The relatively abundant water



supply also supports lush plant life such as mesquite, willows, Washington palms, and acacias. A wide variety of wildlife is attracted to these springs, including ground squirrels, foxes, coyotes, and bobcats.

